

# Itopride HCI 50ma

(Manufacturer's Specification)

# DESCRIPTION

Itonext (Itopride HCI) is a prokinetic benzamide derivative. It inhibits dopamine and have a gastrokinetic effect.

Chemically, Itopride HCl is N-[4-[ 2-( Dimethylamino) ethoxy]benzyl]-3 ,4- dimethoxybenzamide monohydrochloride. Its molecular formula is C20H26N2O4.HCl and the structural formula is:

#### **OUALITATIVE & OUANTITATIVE COMPOSITION**

Itonext (Itopride HCI) is available for oral administration as:

Itonext Tablets 50mg Each film-coated tablet contains:

Itopride HCl... 50mg

#### CLINICAL PHARMACOLOGY Machanism of Action

Itopride HCI increases the release of acetylcholine through dopamine D2-receptor antagonistic activity and inhibit s decomposing released acetylcholine through its acetylcholine esterase (AChE) inhibitory action, resulting in enhancement of gastrointestinal activity. Higher acetylcholine increases GI peristalsis, increases the lower esophageal sphincter pressure, stimulates gastric motility, accelerates gastric emptying and improves gastro-duodenal coordination.

### PHARMACOKINETICS

Itopride HCl is rapidly and almost completely absorbed from the gastrointestinal tract. Relative bioavailability is calculated to be 60% due to liver first pass metabolism. Peak plasma levels (Cmax 0.28 g/mL) are reached after 0.5-0.75 hr after 50mg of itopride HCl. Following multiple oral doses ranging from 50-200 mg 3 times daily itopride HCl and

its metabolites showed linear pharmacokinetics over a treatment period of 7 days, with minimal accumulation

# Distribution

Approximately 96% of itopride HCl is bound to plasma proteins. Albumin accounts for

# most of the binding. 1-acid glycoprotein accounts for <15% of binding.

Itopride H CI undergoes extensive hepatic metabolism in humans. Three metabolites have been identified, of which only one exerts minor activity without pharmacological relevance (approximately 2-3% of that of itopride HCl). The primary metabolite in humans is the N-oxide generated by oxidation

of the tertiary amine N-dimethyl group. Itopride HCl is metabolized by a flav in-dependent monooxygenase (FM O3). Excretion

Itopride HCI and its metabolites are primarily excreted in the urine. The urinary excretions of itopride HCl and its N-oxide were 3.7% and 75.4%, respectively, after oral administration of a single therapeutic dose. The terminal phase half-life of itopride HCl is approximately 6 hrs.

### Special Populations Children:

Safety of itopride HCl in children < 16 years has not been established.

# Elderly:

Appropriate caution should be exercised in the administration and monitoring of itopride HCl in elderly patients reflecting the greater frequency of decreased hepatic, renal function and of concomitant disease or other drug therapy.

## Patients with fish odor syndrome:

The abundance and efficiency of the human FMO-isozymes can be subject to genetic polymorphisms, which can lead to a rare autosomal recessive condition known as trimethylaminu Therefore, the half-life of itopride HCl may be longer in trimethylaminuria (fish odor syndrome)

# THERAPELITIC INDICATIONS

Itonext (Itopride HCI) Tablet is used in the treatment of gastrointestinal symptoms of:

- Functional Dyspepsia
- Non-ulcer Dyspepsia (chronic gastritis) i.e.
- Sensation of bloating,
- Early satiety, Upper abdominal pain or discomfort,
- Hearthurn
- Nausea and

## DOSAGE & ADMINISTRATION

The usual adult dosage for oral use is 150 mg of itonext (Itopride HCI) daily in three divided doses before meals. The dose may be reduced according to patient's age and symptoms.

The following adverse events have been reported in patients receiving itopride HCI: Blood and Lymphatic System Disorders: Leukopenia and thrombocytopenia. Immune System Disorders: Anaphylactoid reaction

Endocrine Disorders: Increased projectin level and gynecomastia



Naryous System Disorders: Dizziness headarhe and tremor

Gastrointestinal Disorders: Diarrhea, constipation, abdominal pain, increased saliva, and nausea Hepatobiliary Disorder: Jaundice

Skin and Subcutaneous Tissue Disorders: Rash redness and itching Investigations: Increased AST (SGOT), increased ALT (SGPT), increased h-GTP,

increased alkaline phosphatase and increased bilirubin.

### CONTRAINDICATIONS

# Itopride HCl is contraindicated in:

Patients with known hypersensitivity to itopride HCl or any of the excipient of the product. In whom an increase in gastrointestinal motility could be harmful e.g., gastrointestinal hemorrhage, mechanical obstruction or perforation.

- Itopride HCI should be used with caution since it enhances the action of acetylcholine. Also caution is advised in treatment of patients suffering from Parkinson's disease and conditions involving dopamine regulation issues.
- Itopride HCI should not be used aimlessly for a long term when no improvement of gastrointestinal symptoms is observed.

# Pregnancy and Nursing Mothers

Itopride HCI should be used in pregnant women or in women who may possibly be pregnant only if the expected therapeutic benefits outweigh the possible risks associated with treatment. The safety of itopride HCl in pregnant women has not been established. It is ideal not to use itopride HCl in women during lactation, but if it is necessary, breast feeding should be avoided during the treatment of itopride Hcl.

### Drug Interactions

- Itopride HCI has gastrokinetic effects, therefore, it could influence the absorption of concomitantly orally administered drugs. Particular caution should be taken with drugs with a narrow therapeutic index, sustained-release or enteric-coated formulations.
- Concomitant administration with anticholinergic drugs e.g. Tiguizium bromide. scopolamine butyl bromide, timepidium bromide, etc. may reduce the action of itopride

#### OVERDOSAGE

There have been no reported cases of overdose in humans. In case of excessive overdose, the usual measures of gastric layage and symptomatic therapy should be applied.

#### STORAGE

Store below 30°C. Protect from light and moisture

# HOW SLIPPLIED

Itonext (Itopride HCI) Tablets 50mg are available in blister packs of 10's.

#### Keen out of reach of children.

To be sold on prescription of a registered medical practitioner only.

Contains Lactose But Gluten Free

(ایٹوپرائیڈ ایج سیایل) خوراك وبدايات ڈاکٹر کی ہدایات کےمطابق استعمال کریں۔ صرف متنددًا كثر كے نسخه كے مطابق ہى دوا فروخت كى جائے۔ تمام ادومات بچوں کی پہنچ ہے دور تھیں۔ دوا کو °30° سے کم درجہ حرارت بر بنی اور روشنی سے محفوظ رکھیں۔